

HANOVER PARK REGIONAL HIGH SCHOOLS

September 2026



Daily Dish

Veggie Dish



PASTA STATION

AVAILABLE DAILY

Monday 31				Deli Central Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches
Tuesday 1				
Wednesday 2	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Macaroni & Cheese with Garlic Bread & Garden Salad Or Pasta Bar	PIZZA ZONE Assorted Specialty Pizzas
Thursday 3	All-Beef Hot Dog on a Bun with French Fries <i>Choose from Assorted Fixings: Chili, Chopped Onion, Sauerkraut</i>	Baked Potato Bar with Chili, Cheese, Sour Cream & Bacon Bits	Creamy Chicken Alfredo with Garlic Bread & Garden Salad Or Pasta Bar	
Friday 4	Early Dismissal No Lunch	Early Dismissal No Lunch	Early Dismissal No Lunch	FRESH FARMISTAND Assorted Grab & Go Salads

Fruits & vegetables from The Farm Stand are included with lunch.

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

FOOD ALLERGIES



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Monday 7	Labor Day No School	Labor Day No School	Labor Day No School	 Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches   Assorted Specialty Pizzas  All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns  Assorted Grab & Go Salads
Tuesday 8	Roasted Chicken Dinner with Mashed Potatoes, Gravy, Vegetable & a Dinner Roll	Veggie Sampler - Zucchini Sticks, Mozzarella Sticks & Corn Fritters served over French Fries & Onion Rings	Ricotta & Mozzarella Cheese Stuffed Shells with Tomato Basil Sauce & Garlic Bread Or Pasta Bar	
Wednesday 9	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	3-Cheese Twice-Baked Penne Or Pasta Bar	
Thursday 10	Mediterranean Chicken or Beef Gyro with, Onions, Tomato & Tzatziki Sauce in Pocketless Pita Or Build-Your-Own Chipotle Bowl	Falafel Gyro Wrap – Falafel, Onions, Tomato & Tzatziki Sauce in a Wrap	Baked Ziti with Garlic Bread & Garden Salad Or Pasta Bar	
Friday 11	Popcorn Chicken Bowl - Chicken Poppers served over Mashed Potatoes & Corn topped with Cheese & Gravy Or Build-Your-Own Chipotle Bowl	Salad Station with Toppings & Dressings tossed-to-order, served with Garlic Bread	Macaroni & Cheese served with Garlic Bread & a Garden Salad Or Pasta Bar	

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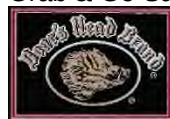
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Monday 14	Hot Roast Beef served on a Garlic Bread Hero topped with Melted Mozzarella & Au Jus Gravy	Waffle Bar Day - Fresh Waffles with Assorted Toppings	Chicken & Broccoli Penne with Garlic Sauce & Garlic Bread Or Pasta Bar	<i>Deli Central</i>	Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches 
Tuesday 15	Chipotle Bar – Make-Your-Own Hard or Soft-Shelled Tacos with Grilled Chicken or Beef Or Bacon Cheddar Burger on a Brioche Roll with Toppings Bar & Special Sauce	Cheese Quesadilla served with Corn & Black Bean Salad	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	PIZZA ZONE	Assorted Specialty Pizzas
Wednesday 16	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Macaroni & Cheese with Garlic Bread Or Pasta Bar	AMERICAN GRILLE	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
Thursday 17	Meatball Parmesan Hero with a Caesar Side Salad Or Chipotle Bar Made-Your-Way	Eggplant Parmesan Hero with a Caesar Side Salad	Creamy Ricotta Parmesan Pasta Or Pasta Bar	FRESH FARMISTAND	Assorted Grab & Go Salads
Friday 18	Homemade Chicken Pot Pie Or Build-Your-Own Chipotle Bowl	Sampler with Pizza Crunchers, Mozzarella Sticks & Zucchini Sticks served with Dipping Sauces & a Dinner Roll	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad		

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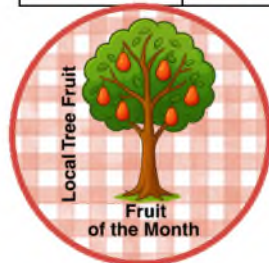
Veggie Dish



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Monday 21	Yom Kippur No School	Yom Kippur No School	Yom Kippur No School	 Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches   Assorted Specialty Pizzas  All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns  Assorted Grab & Go Salads
Tuesday 22	Celebrate Hispanic Heritage Month Chicken Tinga Bowl	Homemade French Bread Pizza	Pierogi with Butter & Onions Or Pasta Bar	
Wednesday 23	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Thursday 24	Asian Bar with Lo Mein, Fried Rice, Chicken & Broccoli, Beef & Broccoli	Plant-Based Sweet Chili & Orange "Chicken" with Veggie Fried Rice	Vegetable Lasagna Or Pasta Bar	
Friday 25	Crispy Chicken with Onion Rings & Special Spicy Sauce, Lettuce & Tomato on a Brioche Roll w/ Sautéed Local Zucchini & Corn	Baked Macaroni & Cheese with Garlic Bread	Spicy Chicken Macaroni & Cheese with Garlic Bread Or Pasta Bar	



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Monday 28	Burger Bar – 100% Beef Burger on a Bun with Choice of Toppings	Grilled Roasted Peppers with Melted Mozzarella Cheese	Cheese-Stuffed Shells Or Pasta Bar	 Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches   Assorted Specialty Pizzas  All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns  Assorted Grab & Go Salads
Tuesday 29	Balsamic-Glazed Chicken with Caramelized Onions on a Brioche Roll Or Build-Your-Own Chipotle Bowl	Grilled Veggie Bowl with a Garlic Sauce served over Lime Cilantro Rice	Cheese Ravioli Or Pasta Bar	
Wednesday 30	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Spaghetti with Chicken Parmesan & Garlic Bread Or Pasta Bar	
Thursday 1	Chicken Francese served over Linguine in a Lemon Sauce	Sauteed Portabella Mushrooms with Onions & Peppers topped with Melted Provolone Hero	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Friday 2	Mozzarella & Chicken Panini served with Apple Cobbler	Cheese Stuffed Roll-Up featuring 3 Cheeses & Roasted Peppers in a Wrap	Macaroni & Cheese with Garlic Bread Or Pasta Bar	

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